

ON THE GREEN

BRUNCH [8AM - 2PM]

SMASHED AVOCADO ON SOURDOUGH SERVED WITH BEETROOT HUMMUS, POACHED EGG, CHILLI & CORRIANDER 8.50 EXTRAS

SMOKED SALMON OR HALLOUMI 2.80 POACHED FREE RANGE EGG 1.00

SMASHED MINTED PEAS ON HOMEMADE NUT & SEED LOAF WITH HALLOUMI. POACHED EGG & ROCKET PESTO 8.95 (V)

ADD PROSCUITTO 1.50

HOMEMADE AMERICAN STYLE PANCAKES, MAPLE SYRUP, BERRIES & BANANA 7.75

THE PADDLES HOMEMADE GRANOLA, GREEK YOGHURT, HONEY, FRUIT 6.95

SOURDOUGH TOAST WITH BANANA, PEANUT BUTTER, CINNAMON & HONEY 4.75

2 SLICES OF SOURDOUGH TOAST WITH BUTTER AND JAM/MARMALADE/MARMITE/HONEY 3.25

BACON CIABATTA 5.95

SAUSAGE CIABATTA 6.95
ADD A FRIED EGG 1.00

LUNCH [11.30-2PM]

Please take a look at our specials board

CIABATTA ROLLS

PROSCUITTO, CHEDDAR, NAKED SLAW, SRIRACHA MAYO CIABATTA 6.95 AVOCADO, CHILLI JAM, HALLOUMI, NAKED SLAW CIABATTA 6.95 'THE PADDLE BLAT'

BACON, TOMATO, AVOCADO, LETTUCE, SRIRACHA MAYO CIABATTA 7.75

SOURDOUGH TOASTIES

COASTAL CHEDDAR, PROSCUITTO, CHUTNEY 7.50
GOATS CHEESE. RED ONION MARMALALDE. WALNUTS 7.50

PLEASE PLACE YOUR ORDER AT THE COUNTER WHEN YOU ARE READY. OUR MENU IS ALL FRESHLY PREPARED BY US.

PLEASE NOTE THAT DURING BUSY TIMES AND IF ADJUSTEMENTS ARE MADE THERE MAY BE A SLIGHTLY LONGER WAIT.

PLEASE ENSURE YOU ADVISE OUR TEAM OF ANY ALLERGIES OR INTOLLERANCES YOU HAVE AS NOT ALL INGREDIENTS ARE STATED ON DISHES.



ON THE GREEN

Please take a look at our lovely menu and decide on your Paddle delights.

Once you have chosen, please go up to the counter

one person at a time to order.

BAD HAND COFFEE

ESPRESSO 2.60 LONG BLACK/AMERICANO 2.70 CAPPUCCINO 3-

LATTE 3-

MACHIATTO 2.80

PICCOLO 2.80

FLAT WHITE 2.90

MOCHA 3.70

MAROCCHINO 4.25

Nutella, Espresso, Hot Milk

ICED COFFEE 3.75

SYRUPS 60P

Caramel, Vanilla, Gingerbread, Hazelnut

EXTRA SHOT 60P

ALL OUR COFFEES ARE DOUBLE SHOT AS STANDARD.

ALTERNATIVE MILK 40P (20P FOR A DASH)

CHAI LATTE 3.25

HOT CHOCOLATE 3.25 (GF)

(ADD CREAM & MARSHMALLOWS £1)

MATCHA/ TUMERIC LATTE 4.

TEAS

DORSET TEA 2- MUG/2.25 POT HERBAL TEAS 2.40

Our cows milk is from Meggy Moos Dairy in Dorset.

Alternative options are Toats Organic Oat Milk from Winchester or Rude Health Organic Coconut or Soy.

We do charge .40p extra for 'Alternative Mylk' based drinks or 10p for a dash

COLD DRINKS

CANS 2.10
FRESH JUICE OF THE DAY 4.
BERRY BERRY SMOOTHIE 4.
PEANUT BUTTER SMOOTHIE 4.
MILKSHAKES 4. ADD CREAM 50P

- VANILLA
- BANANA
- STRAWBERRY
- CHOCOLATE

FRESH ORANGE JUICE 3.00

